First introduced by Paul Cohen to prove the independence of the Continuum Hypothesis and the Axiom of Choice, forcing is a technique used to extend a transitive model $M$ by adjoining a new set $G$ in order to obtain a larger transitive model $M[G]$ called a generic extension. Our choice of partial order determines what is true in the generic extension. Using Prikry forcing, we collapse the cofinality of a measurable cardinal $\kappa$ to $\aleph_0$ while preserving all cardinals. With Raiden forcing we will collapse the cofinality of $\kappa$ to an uncountable value. Our goal is to use these strategies to obtain a model $M$ for while $M \models \text{Refl}(\omega_3, \omega, \omega_1)$ using an optimal large cardinal hypothesis. (Received September 22, 2012)