A design can be thought of as a set system where the sets are the blocks and the set system has some strong properties. Translating designs to set systems, one typically would wish to have simple designs; namely no repeated blocks. Keevash has proven results about simple designs that settles many existence questions. A condition for 2-designs that the blocks contain a pair \( \{i, j\} \) exactly \( \lambda \) times can be reformulated as having a specified number of blocks while for each pair \( \{i, j\} \) we do not have \( \lambda + 1 \) blocks that contain \( \{i, j\} \). This becomes a forbidden configuration problem for sets. A few topics of this interplay between Designs and Extremal Set Theory (Forbidden Configurations) will be explored and includes joint work with Farzin Barekat, Attila Sali. (Received September 22, 2015)