I have been teaching a first year seminar course for over ten years. In this course I have used problem solving and Polya’s four step process for problem solving as the main theme for the course. We do not look at only math problems, but also how these ideas really extend to daily life and problems between the genders, the races, in politics, in religion, and even in solving murder mysteries whether fictional or real. (Received September 19, 2017)