At many institutions, students are required to take a general education course in mathematics. In an effort to increase student engagement and to help students see how such a course fits into their college education, reading/writing assignments about intelligence, learning, and thinking have been woven into a liberal arts mathematics course at the University of Connecticut. In this talk, we will discuss the creation and implementation of these reading/writing assignments, using student feedback and responses to highlight some benefits and challenges to incorporating this type of assessment into a general education mathematics course. (Received September 24, 2017)