A skew group ring $R \ast G$ can be formed whenever we have a group $G$ acting on a ring $R$. When considering this construction, it is only natural to ask what properties of $R$ carry over to $R \ast G$. In this talk we will provide examples that are well-known, such as conditions for $R \ast G$ to be von Neumann regular and then we will consider the question of when a skew group ring is unit-regular. (Received September 22, 2009)