We study first order deformations of the smooth resolutions of orbifolds that are of the form $\mathbb{C}^3/\mathbb{Z}_r$, focusing on the cases where the orbifold has an isolated singularity. We prove a lower bound exists on the number of deformations for any crepant resolution of this orbifold. We also show that this lower bound is achieved when the resolution used is the $G$-Hilbert scheme, and note that this lower bound can be found using methods from string theory. These methods lead us to a new way to construct the $G$-Hilbert scheme using the singlet count. (Received September 15, 2014)