Often, we tell students that for every one hour spent in the classroom, they should be spending at least one to two hours outside of the classroom studying. However, we often provide little guidance on how they should be spending this time (besides completing homework assignments). One way that we can help students structure their out-of-class study time is by using Daily Prep assignments. In this talk, I will discuss how I used Daily Prep assignments in my IBL Calculus 1 class, in conjunction with the “Active Calculus” textbook by Matthew Boelkins, to provide my students with an opportunity to reflect on what they were learning, identify lingering questions they still had, and begin thinking about the next topic we would discuss during the next class. In addition to talking about the structure of these assignments, I will also talk about student feedback that I collected throughout the semester that demonstrates the effect that these Daily Prep assignments had on their learning experience. (Received September 24, 2018)